

PARAGON CONVENT SCHOOL

SECTOR : 24 B, CHANDIGARH

CHAPTER – 1

MY BODY

Summary:

- Our body has many parts. Body parts are also called organs.
- Organs are of two types – internal and external.
- Sense organs help us to know things around us.

Difficult Words:

- | | |
|-------------|-------------|
| 1. Organs | 2. External |
| 3. Internal | 4. Touch |
| 5. Speaking | 6. Tongue |
| 7. Remember | 8. Heart |
| 9. Lungs | 10. Chest |
| 11. Breathe | 12. Stomach |
| 13. Digest | 14. Brain |

EXERCISE

Fill in the blanks

- | | | | |
|-----------|-------------|-------------|----------|
| 1. Organs | 2. Internal | 3. External | 4. Brain |
|-----------|-------------|-------------|----------|

Tick the correct option

- | | | | |
|--------|--------|--------|--------|
| 1. (b) | 2. (a) | 3. (c) | 4. (c) |
|--------|--------|--------|--------|

Answer in one or two sentences

Q1.- What are internal organs?

Ans.- The organs which are present inside our body and we cannot see them are called internal organs. Example : brain, lungs, stomach etc.

Q2.- What are external organs?

Ans.- The organs of our body which we can see on the outer side are called external organs. Example : hands, legs etc.

Q3.- Name the five sense organs.

Ans.- Eyes, ears, nose, tongue and skin are the sense organs.