**PARAGON CONVENT SCHOOL, CHANDIGARH**

**Ch-5 Games We Play**

**Summary:**

* There are two types of games: indoor and outdoor.
* The games that are played inside the house are called indoor games. For example ludo, chess and carom.
* The games that are played outside the house are called outdoor games. For example cricket, badminton and football.
* The time during which we are free to do what we please or play games is called leisure time.
* Some games require stamina, physical and mental skills. Kabaddi is one such game.
* Some games like chaupar, gilli danda, pithoo, langdi taang were popular in the past.
* Some people play games to earn money. They are called professional players.

**Difficult words**

Refreshes Leisure time

Stadium Engaging

Scrabble Traditional

Surrounding Neighbourhood

Professional Determine

1. **Tick the correct option.**
2. D.
3. C
4. A
5. A
6. C
7. **Fill in the blanks.**
8. Ludo and carom
9. Playing games
10. Football and cricket
11. Chaupar
12. Badminton
13. **Answer the following questions.**
14. **Why it is important to play games?**

It is important to play games as it refreshes our mind and makes us to feel fresh and active.

1. **What are traditional games? Give one example.**

Traditional games are the games that our grandparents used to play when they were of kids. For example kabaddi, gilli danda, kho-kho etc.

1. **How are games that you play are different from the ones your** **grandfather played? Explain with two examples.**

Today children love to play video games on the computer, mobile phones and on play stations. They also love to watch cartoons on television. Other than these children also love to play different games like chess, ludo, scrabble etc.

In earlier times children used to play more outdoor games as games on computer or play station were not available to them. Few games that they used to play were chaupar, gilli danda, pithoo, ghar-ghar etc.

1. **How are games work for some people?**

There are few people who play games to earn money. They play for the country and make us proud. They are called as professional players. For example Virat Kohli, P.V. Sandhu.

1. **Who is your favourite sportsperson? Write five lines about him/her.**

Do it yourself.

Activity:

* Paste pictures of any five professional players.